

Breakfast: 9/18/2012

Food Item	All	$\frac{3}{4}$	$\frac{1}{2}$	$\frac{1}{4}$	None
Biscuit					
Bacon	2 100%				
Scrambled Eggs	23 48%	3 6%	3 6%	4 8%	15 31%

Lunch: 9/18/2012

Food Item	All	$\frac{3}{4}$	$\frac{1}{2}$	$\frac{1}{4}$	None
Pot Roast	17 57%	3 10%	3 10%	2 6%	5 17%
Mashed Potatoes	12 42%		5 18%	3 11%	8 29%
Green Beans & Carrots	8 26%	1 3%	2 6%	4 13%	16 52%
Tossed Salad					
Roll		1 50%	1 50%		

Breakfast: 9/19/2012

Food Item	All	$\frac{3}{4}$	$\frac{1}{2}$	$\frac{1}{4}$	None
Pancakes	8 44%	1 6%	5 28%	2 11%	2 11%
Scrambled Eggs	15 58%	1 4%	1 4%	4 15%	5 19%

Lunch: 9/21/2012

Food Item	All	$\frac{3}{4}$	$\frac{1}{2}$	$\frac{1}{4}$	None
Salmon	2 15%		1 8%	5 38%	5 38%
Penne Pasta	2 17%			2 17%	8 66%
Broccoli & Cauliflower	1 6%	2 13%	1 6%	3 19%	9 56%
Roll					1 100%

Breakfast: 9/20/2012

Food Item	All	$\frac{3}{4}$	$\frac{1}{2}$	$\frac{1}{4}$	None
Muffin	4 44%	1 11%	1 11%		3 33%
Bacon	6 75%		1 12.5%		1 12.5%
Scrambled Eggs	21 50%	2 5%	3 7%	6 14%	10 24%

Lunch: 9/20/2012

Food Item	All	$\frac{3}{4}$	$\frac{1}{2}$	$\frac{1}{4}$	None
Meatloaf	7 35%	1 5%	5 25%	2 10%	5 25%
Mashed Potatoes	7 33%	6 29%	2 10%	3 14%	3 14%
Green Beans & Carrots	4 20%	1 5%		8 40%	7 35%

Haley Herbst, Plate Waste Study

Food Averages					
FOOD ITEM	ALL	$\frac{3}{4}$	$\frac{1}{2}$	$\frac{1}{4}$	NONE
Scrambled Eggs	59 51%	6 5%	7 6%	14 12%	30 26%
Bacon	11 73%		2 13%		2 13%
Toast	33 43%	10 13%	15 20%	5 7%	13 17%
French Toast	4 29%	1 7%	2 14%	2 14%	5 36%
Pancakes	13 43%	1 3%	11 37%	3 10%	2 7%
Muffin	4 45%	1 11%	1 11%		3 33%
Sausage	1 25%		1 25%		2 50%
Omelet	2 67%		1 33%		
Pot Roast	20 57%	4 11%	3 9%	3 9%	5 14%
Salmon	2 15%		1 8%	5 38%	5 38%
Meatloaf	11 37%	2 7%	7 23%	4 13%	6 20%
Hamburger	7 78%	1 11%			1 11%
Sandwich	8 54%	3 20%		2 13%	2 13%
Chicken	7 41%	1 6%	3 18%		6 35%
Chef Salad	8 73%	1 9%		2 18%	
Mashed Potatoes	28 43%	8 12%	8 12%	9 14%	12 18%
Green Beans & Carrots	15 23%	3 5%	4 6%	23 40%	29 44%
Rice	3 14%	1 5%	4 19%	3 14%	10 48%
Penne Pasta	3 22%			2 14%	9 64%
Broccoli & Cauliflower	2 7%	2 7%	4 15%	5 19%	14 52%

Plate Waste Study Evaluation

After evaluating 3 days of breakfast and lunch trays at Mission Trail Baptist Hospital, a few trends were apparent and noted. In general for every meal served, patients either consumed all or most of the food or had obviously not touched any of the food. There were many scrambled egg plates, with the majority consuming all of the eggs. Toast was very prevalent on the breakfast plates and consumption was fairly good. However, French toast was not as well received, with several plates being thrown away. The majority of patients consumed at least ½ or more of pancakes. Patients who ordered hamburgers, salads and sandwiches also seemed to eat the majority of the meal. The house menu for the three days offered pot roast, salmon and meatloaf. Out of the three days, pot roast had the highest amount of consumption. Meatloaf consumption was evenly scattered between none to all (as well as chicken), and most of the salmon was tossed out. A very high amount of vegetables (broccoli, cauliflower, green beans and carrots) were not touched and thrown away. Mashed potatoes were liked by most patients, but did not eat the penne pasta or rice. All in all, the most waste came from salmon, penne pasta, broccoli & cauliflower, green beans & carrots, rice, and French toast. Items that had little waste were scrambled eggs, bacon, hamburger, salad, sandwiches, pot roast, and mashed potatoes.