

**September
27, 2012**

Safety Kickoff

“Keep it safe, keep it healthy!”

Come ready to eat a delicious, healthy salad at the Safety Kick-Off Event! There will be two salad options to choose from:

- **Asian Steak Salad, or**
- **Southwestern Chicken Salad with Cilantro Lime Dressing**

Provided:

- *Recipe cards for each salad*
- *Nutrition facts for each salad*
- *Tips on how to keep a salad safely in the healthy zone*

It's the perfect time to kick-off the fall season with a fresh, health start!

Location: Mission Trail
Hospital Cafeteria

Time: 11:00 AM—1:00 P.M.

